

EAST DISTRICT CROSS COUNTRY CHAMPIONSHIPS SATURDAY 11th DECEMBER 2004 STIRLING (University Grounds)

RACE	START TIME	
UNDER 13 GIRLS	12.30	
UNDER 13 BOYS	12.45	
UNDER 15 GIRLS and		Declarations close
UNDER 17 WOMEN	1.00	30 minutes before
UNDER 15 BOYS	1.20	each race
SENIOR / JUNIOR WOMEN	1.35	
UNDER 17 MEN	2.05	
SENIOR / JUNIOR MEN	2.30	

OFFICIALS

Referee	Ron Morrison
Clerk of Course	Tony Waterhouse
Judges/Funnels	Ian Clifton (Chief), Dave Cairns, Sandra Hardacre
Recorders	Ian Hislop (Chief), Sandy Cameron, Ian Mann, Bryan Hislop, John Brash
Timekeepers	Joe Bruce (Chief), Alan Carruthers, Raymond Hutcheson
Marksman	Fred McCluskie
Starter	Barry Craighead
Announcer	Bob Gray
Declarations	Jen Jackson, George McEwan
Results	Peter Jackson, Sheila Smart, Marjory Cook
Presentations	Sandra Hardacre
Course Marshals	Members of Central Athletic Club
Convenor	Alex Jackson

The Scottish Athletics Federation thanks the following for their assistance in running to-days event

Clackmannanshire Council
St Andrews Ambulance
Councillor Alison Lindsay

Clackmannanshire Sports Council
Jamie, Earl of Mar and Kellie
Mr Marshall (Farmer)

DISTRICT CHAMPIONSHIPS FINISHERS 1995-2000

EAST	VENUE	U13G	U15G	U17W	WOMEN	U13B	U15B	U17M	MEN
1995	Edinburgh	49	38	31	64	55	58	54	240
1996	Aberdeen	44	28	19	32	39	47	33	207
1997	Edinburgh	42	26	20	66	37	36	34	305
1998	Galashiels	35	32	12	60	38	29	33	210
2000	Alloa								
WEST									
1995	Stepps	69	42	28	60	71	69	44	229
1996	Cumnock	49	56	23	59	62	53	46	218
1997	Girvan	48	50	21	42	52	48	40	162
1998	Cumnock	41	36	20	64	49	48	30	189
2000	Giffnock								
NORTH									
1995	Forres	18	13	9	17	24	25	11	99
1996	Nairn	27	13	7	25	25	21	16	69
1997	Alness	17	15	4	16	21	20	14	55
1998	Inverness	12	11	4	11	17	20	11	64
1999	Elgin								

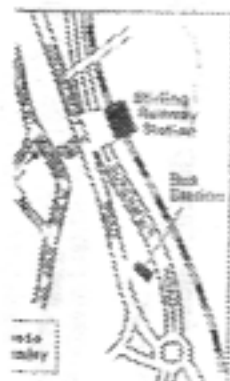
Campus Map

Race			
U13G	12.30	3,200m	2 short laps
U13B	12.45	3,200m	2 short laps
U15G & U17W	1.00	4,400m	1 short and 1 long
U15B	1.20	4,400m	1 short and 1 long
Sen/Jun W	1.35	6,400m	2 long laps
U17M	2.05	6,400m	2 long laps
Sen/Jun Men	2.30	10,000m	3 long laps (+extension)

From M9
end (Keir
roundabout)
through Bridge
of Allan

MAIN ENTRANCE
TO UNIVERSITY

BUS NUMBERS
51, 52, 53 and 91
run between the
University and
Murray Place,
Stirling Council



Route to Start (on foot only)

Changing, Results
and Teas/Food

CAR PARKING

Senior Men
Only

Short lap
cuts off
here



UNIVERSITY OF STIRLING
CONFERENCE AND
VACATION CAMPUS

Tel. 01786 467140/1

0 100 200 300

Under 13 Girls

RACE STARTS 12.30

Aberdeen AAC
42 Rachel Armitage
46 Kerry Prise

43 Laura Buchan
47 Harriet McRae

44 Lucy Buchan

45 Mollie Hepburn

Banchory Stone
48 Rhona Auckland

Carnoustie AAC
49 Katherine Ferrie

50 Becky Dunphy

Central AC
51 Rebecca Hay
55 Lorna Cameron
59 Ellen Houston

52 Dawn Kerr
56 Amber Stevens
60 Hilary Warkentin

53 Kate Morris
57 Mairi Gillespie
61 Georgia Quinn

54 Claire Tunaley
58 Anna Jamieson

City of Edinburgh
62 Samantha Blair
66 Tess Moran
70 Megan Anderson

63 Broghan Hay
67 Eaddie McCallum
71 Emma Shorter

64 Jenny MacDougall
68 Molly Kirman

65 Ava Pullar
69 Amber Lockart

Corstorphine AAC
72 Caitlin Wilson

73 Eilidh Nolan

Dundee Hawkhill
74 Suzanne Salmond

75 Yolanda Hodgson

76 Rebecca Young

77 Claire Fox

Dunfermline & W Fife
78 Aileen Connelly

Edinburgh Southern H
79 Anna Seago
83 Fiona Sinclair

80 Emily Stewart
84 Emily Dudgeon

81 Kerry Hall
85 Claire Florence

82 Sarah Brown
86 Ellie Florence

Falkirk Victoria H
87 Megan McLeish

88 Julie Duffy

89 Stacey McLeish

90 Jill Brooks

Fife AC
91 Kiri Stone
95 Robyn Binnington

92 Fiona Bracegirdle
96 Lucy Duff

93 Sarah Kelly

94 A McKechnie

Gala Harriers
97 Laura Goodson

Lasswade AAC
98 Erin Froude

99 Caitlin Froude

100 Kathryn Peacock

101 Laura Baxter

Livingston & Dist
102 Jennifer Rogers

103 Kate Thomson

104 Charis Adjelo

Lothian RC
105 Alison MacDonald

Montrose & Dist
106 Gemma Brown
110 Gwen Wakeling

107 Mairi Grewar
111 Ashleigh Christie

108 Cally May

109 Roxanna Robinson

Musselburgh AC
112 Alison Eadie

Perth Strathtay
113 Shoni Cavendale

Pitreavie AAC
114 Natalie Fox

115 Caroline Brewster

116 Melissa Hynd

117 Danielle Hynd

Teviotdale Harriers
118 S Smith

Under 13 BOYS RACE STARTS 12.45

Aberdeen AAC 21 Lewis Stephen	22 Cameron Gourlay	23 Finlay Park	24 Callum Tawse
Banchory Stone 25 Robbie Simpson			
Central AC 26 Anthony Gillespie 30 Christopher Clarke	27 David Hutchison 31 William Bowers	28 Ross Milne 32 Scott Green	29 Roddy Irvine
City of Edinburgh 33 Stuart McKemmie 37 Martin McInnes 41 Craig Paulin	34 Fraser Mann 38 Tom Ryan	35 Jonathan Wolf 39 Nickhil Mair	36 Davy Rowan 40 Edward Dudgeon
Corstorphine AAC 42 Fraser Scott 46 Keiran Johnston	43 Hector Fraser 47 Andrew Christie	44 Andrew Keane	45 Alastair Price
Dundee Hawkhill 48 David Smith	49 James Smith	50 Ross Gourlay	
Dunfermline & W Fife 51 Aaron Thompson	52 Scott Macleod		
Edinburgh Academy 53 Fraser Gillies			
Falkirk Victoria H 54 Euan Martin 58 Gregor Faulds	55 Stephen Lee 59 Matthew Johnston	56 Jamie Stevenson 60 Graeme MacGregor	57 Johnathan Dewar 61 Darren Weir
Fife AC 62 I Ronaldson	63 M Morgan	64 J Flucker	
Gala Harriers 65 D Martin			
George Heriots 66 Roger Poolman 70 Frederick Rayner	67 Grant McEwan 71 Angus Andrew	68 Rory Scothorne 72 David Smith	69 Joshua Yates
Hunters Bog T 73 Ciaran O'Kane			
Lasswade AAC 74 Adam Osbourne 78 Ross Barratt	75 Graeme Anderson	76 Mark Perfect	77 Zander Lyon
Linlithgow AAC 79 Paul McLachlan			
Livingston & Dist 80 Craig McDowall	81 Daryll Shearer	82 Matthew Thomson	
Lothian RC 83 Zack Jones	84 Grant MacDonald		

Montrose & Dist
85 Peter Anderson
89 James Murray

86 Max Butterworth

87 David Johnston

88 Gregor Maclean

Pitreavie AAC
90 Michael Lindin
94 Ian Tourney

91 Calum McGaw
95 Peter Henderson

92 Craig Robinson
96 Peter Munnoch

93 Anthony Young

Teviotdale Harriers
97 Rory Anderson

98 Alex Fair

99 Liam Gibson

Under 15 Girls

RACE STARTS 1.00pm

Aberdeen AAC 34 Christie Noble 38 Freya Prentice	35 Laura Hepburn 39 Jill McGory	36 Ruth Stephen 40 Siobhan Prise	37 Paula Davies
Banchory Stone 41 Sarah Thompson			
Carnethy HRC 42 Martha Aitken			
Central AC 43 Rachel Hunter	44 Kirsty MacLarty	45 Gemma Milne	
City of Edinburgh 46 Isabel Scott- Moncrieff 50 Larissa Forbes	47 Lauren Stoddart	48 Mhairi Hunter	49 Charlotte Creror
Dundee Hawkhill 51 Eilish McColgan 55 Marti Bowsee	52 Kirsty Patterson 56 Stacey Duffy	53 Jade Devlin 57 Elizabeth MacLeish	54 Olivia Walker 58 Yasmine Tosh
Edinburgh Southern H 59 Catriona Sinclair 63 Alice Loudon	60 Amie Harkins 64 Tessa Birley	61 Anne Krol	62 Lorna Miller
Falkirk Victoria H 65 Suzi McGougan	66 Sophia Ruiz-Beltran	67 Megan McConnell	68 Kim Grant
Fife AC 69 Jennifer Kibble 73 N McIntosh	70 Emma Todd	71 Jenny Tan	72 Aillie Scobie
Gala Harriers 74 G Inglis			
Lasswade AAC 75 Alexandra Benham	76 Emma Gordon	77 Ashley Alexander	
Linlithgow AAC 78 Tanya Marshall	79 Jennifer Bradshaw		
Livingston & Dist 80 Laura Thomson	81 Shona Thomson		
Lothian RC 82 Emma Cottom	83 Kathleen Dempsey	84 Mhairi Inglis	85 Sarah Inglis
Montrose & Dist 86 Paula Murray	87 Caroline Roberts	88 Clare Sevenoaks	89 Danielle McNaughton
Musselburgh AC 90 Madeleine Baird			
Pitreavie AAC 91 Stacey Louch 95 Levi Young	92 Kelly Brewster 96 Rachael Pack	93 Sarah Ross	94 Rebecca Burns
Teviotdale Harriers 97 Amy Chandler			

Under 15 Boys**RACE STARTS 1.20pm****Aberdeen AAC**

50 James Joy
54 Mark Guyan

51 Thomas Joy
55 Jamie Thomson

52 Fraser McDonald
56 Ewan Riley

53 Mark Ibbotson
57 Cameron Strachan

Arbroath & Dist

58 Christopher Hardwick

Central AC

59 Matthew Gillespie

60 Sean Reilly

61 Darren Walker

62 David Kee

City of Edinburgh

63 Chris O'Hare
67 Jamie Smith
71 Simon McBlain

64 Shaun Devenney
68 Marcus Thomson

65 Lewis Paulin
69 Michael Doneghan

66 Charles Brown
70 Adam Mackenzie

Corstorphine AAC

72 Craig Knowles

73 Niall Waddell

Dundee Hawkhill

74 Craig Angus

75 Samuel Kelway

Falkirk Victoria H

76 Alan Love
80 Aidan Drysdale

77 Jonathan Campbell
81 Ross Sheppard

78 Daniel Kirkbright

79 Thomas Downs

Fife AC

82 Andrew Evans
86 S Ronaldson

83 Neil Gray

84 Frankie Scott

85 Ryan Ritchie

George Heriots

87 Graham Dickson
90 Ben McCullough-Young
94 Mark Shand

88 Alistair Grant
91 James Mildred
95 Ehmer Aziz

89 Lewis Just
92 Benjamin Mildred

93 Jonathan Neville

Lasswade AAC

96 Martin Brash
100 Scott Anderson

97 Mark Baxter

98 Jordon Thomson

99 Gary Hamilton

Livingston & Dist

101 Ian Hardacre

Lothian RC

102 Robert Inglis

103 Colin MacDonald

Montrose & Dist

104 David Anderson
108 Ian Towle

105 John Leiper
109 Christopher Simpson

106 Blair Miller

107 Andrew Simpson

Perth Strathtay

110 Joseph Libby

Pitreavie AAC

111 Douglas Newsom
115 Magnus Olafsson

112 Tom Fleming

113 Darren Lowe

114 Adam Michie

Teviotdale Harriers

116 Stewart Fraser
120 S Robson

117 Ryan Cavers

118 Gavin Brady

119 Ross Corbett

Under 17 Women RACE STARTS 1.00pm

Aberdeen AAC

131 Hilary Armitage 132 Anna Fleming

Banchory Stone

133 Emma Cloggie

Central AC

134 Rowena Bell-Scott 135 Lauren McNab

City of Edinburgh

136 Iona Cousland

Corstorphine AAC

137 Rebecca O'Brien 138 Megan Smith

Dundee Hawkhill

139 Carly Hall

Edinburgh Southern H

140 Eleanor Long 141 Roslyn Campbell 142 Katie McGregor

Falkirk Victoria H

143 Kim Gibson

Fife AC

144 Caroline Legge 145 Amanda Woodrow 146 C Jarvis

Lasswade AAC

147 Jenny Sheal

Pitreavie AAC

148 Siobhan Coleman 149 Ashleigh Murray 150 Kim Paterson

Under 17 Men

RACE STARTS 2.05

Aberdeen AAC 72 Mark Haskett 76 James Taylor	73 Alex Thoires	74 Steven Rusling	75 Richard Crighton
Central AC 77 Michael Gillespie	78 Graham Harvey	79 Craig Lawson	
City of Edinburgh 80 Kris Gauson 84 Blair Milne	81 Ryan Gibson 85 Darren Steel	82 Richard McGuire 86 Adam Nicol	83 Craig McInnes 87 Andrew Hay
Corstorphine AAC 88 Callum Fletcher	89 Douglas Selman	90 Calum McKenzie	91 Neal Robb
Dundee Hawkhill 92 Andrew Brookes	93 Scott Aitkin		
Falkirk Victoria H 94 Dean Crawford	95 Gary Smith	96 Sean Aagesen	
Fife AC 97 Elliot Simpson	98 Philip Salter	99 W. Thomas Salter	100 Fraser Dillon
George Heriots 101 Luke Yates 105 Kevin Wilson	102 Hugh Brechin 106 Nicholas Gunn	103 Rory Downie 107 Michael Grant	104 Iain Batho 108 Donald Revolta
Lasswade AAC 109 Ross Finlayson	110 Paul Benham	111 Andrew Jack	
Linlithgow AAC 112 Colin McCluskie			
Livingston & Dist 113 Fraser Andrew			
Lothian RC 114 Philip Kingscott	115 Darren Thomson		
Pitreavie AAC 116 Michael Burns	117 Stuart Chisholm	118 Sean McQueen	

Senior/Junior Women RACE STARTS 1.35pm

Aberdeen AAC

1 Sonia Armitage (F40) 2 Laura Mahady (F45) 3 Charlotte Forbes (U20)

Carnethy HRC

4 Kate Jenkins 5 Hilary Spenceley (F45) 6 Jill Tait/Mykura 7 Anne Nimmo (F50)
8 Moira Stewart (F45) 9 Maggie Keegan 10 Maggie Creber (F40) 394 Lyn Wilson

Central (Ind)

11 Anneliese Heard

Central AC

12 Karen Montador 13 Mary Kerr (F35) 14 Emma Waterhouse
15 Jane Waterhouse (F50) 16 Ainsley Normand 17 Hazel Dean (F40) 18 Claire Waterhouse
19 Jane Mccrorie 20 Toni McIntosh 21 Louise Harris (F40) 22 Tracey Brindley
23 Fiona Thompson (U20) 24 Morag MacLarty (U20)

City of Edinburgh

25 Catherine Ferry 26 Jennifer MacLean 27 Lianne Harrison 28 Eilidh Wardlaw
29 Ruth Chamberlain 30 Caroline Toshack 31 Janet Laing (F35) 32 Kirsten MacDonald
33 Sharyn Ramage (F40) 34 Joanne Whitehead (F35) 35 Marietta Vander Linden 36 Natalie Christie
37 Claire Ward 38 Hazel Sneddon (F35) 39 Alison MacDonald (U20)

Corstorphine AAC

40 Linda McGinley (F45) 41 Phyllis Mitchell (F45) 42 Susan Waddell (F40)

Dundee Hawkhill

43 Heather Brookes (U20) 44 Lynsey Murray (U20)

Dundee Road R

45 Miriam Rennet (F40) 46 Gillian Hanlon (F50) 47 Denise Mellish (F35) 48 Lisa Finlay (F35)
49 Margaret Robertson (F50)

Edinburgh Southern H

50 Karen Dobbie (F35) 51 Susan Ridley (F35) 52 Emily Finnie (U20) 53 Marbeth Shiell (U20)

Edinburgh Uni

54 Jennifer Barker 55 Anna Jagan 56 Ruth Forrest

EZ Carnegie

57 Rosalyn Alexander 58 Sarah Legge 59 Fabienne Thompson (F35) 60 Tracey Stamp
61 Gail Murdoch (F35) 62 Kirsty Baird

Falkirk Victoria H

63 Fiona Matheson (F40) 64 Caroline Lawless (F40) 65 Linda Gentleman (F45)

Ferranti AAC

66 Moira Nicol (F40) 67 Davina Downie 68 Susana Gonzalez-Sanchez

Fife AC

69 Sandra Aitken (F45) 70 Lorraine Brown (F40) 71 Louise Burt (F40) 72 Sarah Cullen
73 Catriona Duncan (F50) 74 Rhona Graham (F40) 75 Fiona Lothian (F35)
76 Kim MacGregor (F45) 77 Margaret McLaren (F45) 78 Johanna Paananen
79 Irene Pennycook (F45) 80 Louise Provan 81 Lorna Sibbett (F35)
82 Catharine Sinclair (F40) 83 Rosie Stenhouse 84 S Thomson (F35) 85 R VanRensburgh
86 Innes Bracegirdle (F45) 87 Moira Grainger (F40) 88 Jocelyn Scott (F50)

Gala Harriers

89 Rachel Fagan 90 Angela Foss 91 Karen Renton (F40) 92 Nicola J. Meikle

93 Suzanne Carson (F35) 97 Leanne Haining (F40)	94 Patricia Affleck (F45)	95 Fiona Dalgleish	96 Sally Barr
Hunters Bog T			
98 Jessica Legaz-Clua 162 Deborah McDonald (F45) 166 Janice Smith (F45)	99 Christine Buckley (F35) 163 Sandra Rathjen 167 Megan Smith	100 Claire Gordon 164 Alexandria Richmond 168 Niamh Troy (F35)	161 Michelle Jeffrey 165 Jane Rosbottom 169 Isobel Knox
Lasswade AAC			
170 Nicola Murray	171 Lorna Rice (F35)	172 Wilma Kerr (F40)	
Livingston & Dist			
173 Avril Gardner	174 Mhairi Walker	175 Sue McDowell (F45)	176 Yvonne Crilly (F40)
Lothian RC			
177 Saran Jones (F40)	178 Helen Murray (F40)	179 Margo Welsh (F35)	
Metro Aberdeen			
180 Sue Carter (F40) 184 Deirdre O'Neill	181 Lynn Gray (F35)	182 Ingrid Machell (F35)	183 Jenny Cain (F35)
Musselburgh AC			
185 Mary Ennis (F45)			
Penicuik Harriers			
186 Lori McCrae 189 Christine Anderson (F40)	187 Gillian Cairns 190 Karen Husband	188 Rachael Campbell 191 Sarah Blake (U20)	
Perth Road Runners			
192 Arabella Woodrow (F50) 194 Sheila Bauchop (F50)	195 Andrea Cameron (F35)	193 Joan Wilson (F40) 196 Susan Lennon (F35)	197 Erni Hamilton (F40)
Pitreavie AAC			
198 Alison Whyte (F35) 389 Elaine Renouf (U20)	199 Sarah Gillespie	200 Hazel Bradley (F50)	388 Eilidh Child (U20)
Wee County H			
390 Lindsay Stother	391 Amanda Aitken	392 Caroline Strain (F35)	393 Jane Binnie (F50)

Senior/Junior Men RACE STARTS 2.30

Aberdeen AAC

1 Malcolm Beattie	2 Keith Charlton (M40)	3 David Armitage (M50)	4 Mel Edwards (M60+)
5 David Duguid	6 Stephen Cassells (M45)	7 Richard Wainford	8 Frank Boyne
9 Benjamin Hukins	10 Darren Shinnie (U20)	11 Mark Kennedy (U20)	12 Robert Thornhill
13 Alan Wales (U20)			

Banchory Stone

14 Robert Auckland (M40)

Birchfield Harriers

15 Ronnie McWilliam

Carnoustie AAC

16 Fraser Dunphy (M40)

Central AC

17 Robert Russell	18 James McDonald	19 Alasdair Anthony	20 Ross Houston
21 Alex Milne	22 Steve Laing (M45)	23 Lewis Millar	24 John Millar (M50)
25 John Burke	26 David Hay (M45)	27 Ian Beattie	28 William Gault (M55)
29 Alan Gall (M45)	30 Martin Crawford	31 Philip Williams	
32 Robert Hutchison (M40)	33 Fraser Purves	34 James Drummond (M50)	35 Derek Easton (M45)
36 Craig Walker	37 Stephen McNally (M50)	38 Hugh Kerr	39 Robert Stott (M40)
40 Ewan Bell-Scott (M50)	41 Alastair Hay (U20)	42 Michael Wright (U20)	
43 Murray MacLarty (U20)			

City of Edinburgh

44 John Agnew (M40)	45 Kevin Andison (U20)	46 John Blair (M40)	47 Graham Beal
48 Matthew Bell	49 Colin Cable (M40)	50 Scott Campbell	
51 Robert Cockburn (M55)	52 Shaun Desport (U20)	53 Keith Dunlop	54 Andy Fife
55 Martin Ferguson (M40)	56 Ian Findlay (M40)	57 Jonathan Ferry	58 Owen Flage
59 Darren Gauson	60 Andrew Gibson	61 Ryan Gibson (U20)	
62 Andrew Griffiths (M50)	63 Brian Howie (M50)	64 Colin Hutt	65 Mark Johnston
66 Leslie Kay (M55)	67 Andrew Laycock	68 Keith Lyle (M40)	69 Juan Mareque
70 Robert Mair (M40)	71 Hugh MacInnes	72 Stephen Maniam	73 Ronald Nolan
74 Lars Ottemoller	75 Robert Riddell (M40)	76 Garry Robertson (M40)	77 A Rousse
78 Scott Thomson	79 Martin Sneddon	80 Gordon Steel	81 John Steel (M40)
82 Eric Stevenson (M50)	83 A Swanson	84 Adam Ward (M40)	85 S Wilkinson
86 Jonathan Whitehead (M45)	87 Steven Wales	88 R Whyte (U20)	

Corstorphine AAC

89 Iain Cumming (M50)	90 Martin Caldwell (M50)	91 John O'Hara (M40)	92 David Law (M40)
93 David Henderson (M40)	94 Graeme Fletcher (M40)	95 Steven Blair (M40)	96 Paul Walker
97 Grant Wilkie	98 Keith Hood	99 Moray Anderson	100 Tom Ferrington
101 Timothy Norwood	102 Chris O'Brien	103 Bryan Clark	104 Ewan Stark
105 Kris Berry (U20)	106 Alistair McColl (U20)	107 Scott Pilkington (U20)	

Dundee Hawkhill

108 Matthew Strachan (M40)		109 Michael Carroll	110 Neil Gunstone
111 David Adam	112 Gordon Barrie	113 Craig Ross (M45)	
114 Stephen Borland (M45)	115 Stuart Kerr (M45)	116 David Mitchell (M40)	
117 Charles Haskett (M45)	118 Stephen Mason	119 Allan Wilson	
120 Gordon Watson (M50)			

Dundee Road R

121 Alan McLeod (M55)	122 Kenneth Mcleod	123 Alan Lawson (M55)	124 Brian Murray (M40)
125 Graeme Stewart	126 Neil Weston	127 Mickey Breen (U20)	

Edinburgh Uni

128 David Fulton	129 James McMullen	130 Mark Seymour	
131 Christopher Satow (U20)			
EZ Carnegie			
132 Michael Cowie (M50)	133 Thomas Bowie (M55)	134 Stephen Greer (M45)	135 David Millar
136 Lewis Lawson (M40)	137 Andrew Hunter (M40)	138 Ian Stewart (M45)	139 Robert Milton (M40)
140 Peter Simpson (M45)	141 Mike Harvey (M40)	142 George Murdoch	
143 John McArthur (M60+)	144 Ian Johnston (M45)	145 Phil Smithard (M55)	146 John Lambie (M40)
147 Peter Humphreys	148 Kenneth Daniels (M60+)		149 Colin Reid
150 Sandy Bennet (M40)	151 Neil Campbell (M40)		
Falkirk Victoria H			
152 Duncan McGougan (M40)		153 Andrew Ronald	
154 Michael McQuaid (M40)	155 Neil Robertson	156 John Stevenson (M40)	157 John Martin (M45)
158 Stephen Moore	159 Eric Donaldson	160 William Day (M55)	161 Andrew Donaldson
162 William Higgins (M45)	163 Kerr Johnstone	164 Alasdair H. Stewart (U20)	
Ferranti AAC			
165 Alex Bell (M45)	166 Stephen Reid (M40)	167 Trevor Ridley (M50)	168 Paul Caban
169 Ian Duguid	170 Mike Connor	171 Jim Leach	172 Keith Nicol (M50)
173 Ross Anderson (M40)	174 Robert Miller (M40)	175 Neil Jones	176 Keith Weston (M55)
177 John Gavin (M50)	178 Walter Fairnie (M40)		
Fife AC			
179 David Anderson (M40)		180 Laurence Anderson (M45)	181 Graham Bee
182 Graham Bennison (M55)		183 Sandy Cruickshank (M55)	
184 John Cunningham (M40)	185 Nigel Fowler	186 David Francis (M55)	187 John Gilfillan (M50)
188 Douglas Gunstone (M50)		189 Jim Haig (M50)	
190 John Keenlyside (M50)	191 Michael Kuzyszyn (M50)		192 Andrew Liston
193 Hugh D. McKay (M40)	194 Frank McLaren (M50)	195 John MacPherson	
196 Alan Meiklejohn (M55)	197 Ron Mill (M45)	198 Michael Mitchell	
199 Terry Mitchell (M45)	200 John Murdoch (M40)	201 David Ovens	202 Ian Overton
203 Gary Pirie	204 Brian Peachey (M50)	205 Ian Poolman	
206 Alastair Robertson (M60+)		207 Douglas Robertson (M40)	
208 Thomas Ross (M55)	209 Christopher Russell	210 Mel Scobie (M55)	211 Tom Scott (M55)
212 Richard Shaw (M45)	213 Bill Smith	214 William Spates	215 James Taylor (M45)
216 Gordon Thomson	217 Ben Wiffen	218 Neil Young	
219 Andrew Barker (M55)	220 Vincent MacPherson	221 Alastair Bagnall (M45)	222 Bryce Aitken (M45)
223 Neil Martin (M40)	224 Owen Greene	225 Daniel Leggate	226 Andrew Lemoncello
227 J Kay (M45)	228 Adrian Davis (M40)	229 John Thomson (M45)	230 Alexander Moss
231 Mark Harley (U20)	232 John Buchan (U20)		
Gala Harriers			
233 Robin Murray (M45)	234 David Darroch (M45)	235 John Borthwick	236 Euan Jardine
237 Mark Bryson	238 Graham Capper (M45)	239 Martin Clarke (M45)	240 Derek Fraser (M40)
241 Malcolm Gowans	242 Jack Knox (M60+)	243 Thomas Knox (M40)	
244 Alistair Laurie (M40)	245 Tony Lunn	246 Fergus Johnston	247 David Hunter (M40)
248 Graham Pogson (M45)		249 Struan King	250 Graeme Jones (M40)
George Heriots			
251 James McLay (U20)	252 Peter MacRae (U20)	253 Philip Purves (U20)	
Haddington ELP			
254 Paddy McDonald (M50)		255 Brian Carr (M50)	256 James Baird (M45)
257 Sandy Wallace (M50)	258 William Watson (M40)	259 Frederick McCain (M55)	
260 Gavin Lightwood (M40)	261 Patrice Jumelle		
Harmeny AC			
262 Andreas Wilhelm			

Hunters Bog T

263 Steven Cairns	264 Ian Campbell	265 Colin Farquharson (M45)	
266 John Hampshire (M40)	267 Alistair Hart	268 Ian Marshall (M55)	269 Billy Minto (M40)
270 Donald Naylor	271 Patrick O'Kane (M40)	272 Philip Mowbray	273 Ivor Normand
274 Jon Rathjen	275 Mark Roberts	276 Geoff Simpson (M45)	
277 Robin Thomas (M45)	278 Richard Wall (M45)	279 Ray Ward	280 David Wright

Lasswade AAC

281 John Murray	282 Ben Mitchell	283 Barney Philips	284 Daryl Philip
285 Paul Elliot	286 Colin Wilson	287 William Rose	288 Dean Philip (U20)
289 Colin Swan (U20)			

Linlithgow AAC

290 Alistair Marshall (U20)

Livingston & Dist

291 Ian Leggett (M60+)	292 Christopher Northam (M50)
293 Steven Thomson (M40)	294 George Gilhooley (M40)

Lothian RC

295 Graeme Ackland (M40)		296 Alexander Agnew (M50)	
297 James Alexander (M40)	298 Stephen Cottom	299 Richard Docherty	300 David Eades
301 Alan Grierson	302 Kenton Jones (M40)	303 Steven Lawrie	
304 Alan McIntosh (M40)	305 Ross Milne	306 Richard Moir	
307 Harry Mulholland (M40)	308 Fraser Kingscott (U20)	309 Jason McCall (U20)	310 Hugh Miller

Metro Aberdeen

311 Kevin Tulloch (M40)	312 Peter Jennings (M45)	313 David Nugent (M40)	
314 Keith Farquhar (M40)	315 Nicholas Milovsorov (M40)		316 Darren Kinsella
317 Forbes Reid	318 Neil Munro	319 Sam Andrew	320 John Lenehan (U20)

Musselburgh AC

321 Stephen Pattison (M45)	322 Gordon Eadie (M50)	323 Tony Segall (M40)
324 Jude Boulton	325 Lachlan Thomson (U20)	

Penicuik Harriers

326 Ritchie McCrae	327 Mike Creamer	328 Graham White	329 Stuart Sanderson
330 Eric Riddle	331 Kenneth Graham	332 Ramon Alvariez (M40)	
333 Michael Browne (M55)	334 John Forrest (M50)	335 Michael Pearson (M60+)	336 Graeme Nicholson
337 David McKenzie	338 Sean Cooney	339 Peter Freeman	

Perth Road Runners

340 Stephen Ferguson (M45)	341 Neil Muir (M40)	
342 Derek Phillips (M45)	343 Robin Livingstone (M45)	344 Alan Burns
345 Jim Scanlan	346 Stuart Moran	347 Adrian Jenkins
349 Sandy MacFarlane (M40)	350 Martin Ryan (M50)	348 David Knight

Pitreavie AAC

351 Peter Coleman (M50)	352 Nigel Cunningham	353 Barry Davie	354 Barry McCleery
355 Colin Simpson (M45)	356 Glyn Gardiner	357 Cameron Watson	
358 Stuart Forrester (M45)	359 John Newsom (U20)	360 Paul McCloskey (U20)	361 Graeme Lister (U20)
362 Stephen Irwin (U20)			

Portobello RC

363 David Edgar (M45)	364 William Jarvie (M45)	365 Scott Jarvie (M45)	366 Gerard Scullion
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Stirling Univ AC

367 Gavin Hogarth	368 Iain Whittaker	369 Iain Yates
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Teviotdale Harriers

370 David Cavers (U20)	371 Billy Fraser (M40)	372 Robert Halliday (M45)	373 Bill Knox (M50)
374 Darrell Hastie	375 Wayne McIntosh	376 Alister Biggar	377 Alan Coltman
378 Robert Cranston	379 Derek Scott (U20)		
Wee County H			
380 Sidney Pask (M55)	381 Mike Thomson (M50)	382 Trevor Andrews (M45)	
383 Gordon McPherson (M50)		384 Rob McKenzie (M40)	385 Martin Quinn (M45)